CENTRAL BUCKS FAMILY YMCA WATER PARK POOL SCHEDULE

April 23, 2012 through June 17, 2012

Lane #	MONDAY (closed May 28) Beach	Cove	1	2	3	Slide	TUESDAY Beach	Cove	1	2	3	Slide	WEDNESDAY Beach	Cove	1	2	3	Slide	THURSDAY Beach	Cove	1	2	3	Slide	FRIDAY Beach	Cove	1	2	3	Slide	SATURDAY Beach	Cove	1	2	3	Slide	SUNDAY Beach	Cove	1	2	3	Slide
5:30 AM	Rec Swim			LAP	Rec Swim		Rec Swim			LAP	Rec Swim		Rec Swim			LAP	Rec Swim		Rec Swim			LAP	Rec Swim		Rec Swim			LAP	Rec Swim		Rec Swim			LAP	Rec Swim						
6:00 AM																																										
6:30 AM				Aquaerobics												Aquaerobics												Aquaerobics														
7:00 AM																																										
7:30 AM				Parent-Child and Preschool lessons						Arthritis Class- Adult Rec Deep						Adult Rec												Arthritis Class - Adult Rec Deep						PCS & STARS										
8:00 AM																																										
8:30 AM	Beach Rec	PCS											Beach Rec	PCS		Parent-Child, Preschool and Youth Ed Lessons			Beach Rec	PCS											Beach Rec	PCS		Parent/Child, Preschool and STARS lessons								
9:00 AM																																									
9:30 AM				Youth Ed																																						
10:00 AM	Rec			Rec Swim															Rec			Rec Swim																			
10:30 AM																																										
11:00 AM							Rec Swim Elements On			Rec Swim						Rec Swim												Rec Swim														
11:30 AM				Arthritis Class - Adult Rec Deep																		Arthritis Class - Adult Rec Deep						Preschool lessons														
12:00 PM																YE																										
12:30 PM				Rec Swim																																						
1:00 PM	Rec Swim			Preschool lessons			Rec Swim			Preschool lessons			Rec Swim			Preschool lessons			Rec Swim			Preschool lessons																				
1:30 PM																																										
2:00 PM																																										
2:30 PM	Rec Swim Elements On			Rec Swim (closed for camp 2:00-3:30 June 11)			Rec Swim Elements On			Rec Swim (closed for camp 2:00-3:30 June 12)			Rec Swim Elements On			Rec Swim (closed for camp 2-3:30 6/13)		Rec Swim Elements On			Rec Swim (closed for camp 2:00-3:30 June 14)			Rec Swim Elements On			Rec Swim (closed for camp 12:30-3:30 June 15)												
3:00 PM																																										
3:30 PM																																										
4:00 PM													Rec Swim Elements On					ON 4:00 to 5:30																								
4:30 PM							Rec Swim			Preschool lessons									Rec Swim			Parent-Child and Preschool Lessons			Rec Swim			Preschool lessons												
5:00 PM																																										
5:30 PM	Rec			Parent-Child and Preschool Lessons									Rec Swim			Rec Swim		OFF	Beach Rec	PCS																						
6:00 PM																																										
6:30 PM	Beach Rec	PCS																																								
7:00 PM							Rec Swim Elements On					ON 7:00 to 9:00	Rec Swim Elements On			Preschool lessons			Rec Swim Elements On					ON 7:00 to 9:00	Rec Swim Elements On					ON 5:45 to 9:00												
7:30 PM																																										
8:00 PM	Rec			LAP	Rec Swim								Rec Swim Elements On			Rec Swim																									
8:30 PM																																										
9:00 PM							Rec Swim			LAP	Rec Swim							OFF	Rec Swim			LAP	REC	OFF																		
9:30 PM												OFF	Rec Swim			Rec Swim									Rec Swim			Rec Swim	OFF												
10:00 PM	SPA ONLY						SPA ONLY						SPA ONLY						SPA ONLY						SPA ONLY																

PCS - Parent/Child Swim Lessons **PSS** - Pre-School Swim Lessons **STARS** - Special Needs **YE** - Youth Education (YMCA Preschool) Lessons

PCS - Parent/Child Swim Lessons **PSS** - Pre-School Swim Lessons **STARS** - Special Needs

The Spa will be closed for cleaning every other Tuesday at 11:00am.

Pool and spa close at 5:45 on Saturday and Sunday

POOL GUIDELINES

- The LIFEGUARD is in charge
- No running, dunking, pushing, throwing, roughness, or carrying children on shoulders
- Soap shower before entering the pool is strongly recommended.
- Street shoes are prohibited on deck
- Only bathers permitted on deck
- We recommend the use of bathing caps for shoulder length or longer hair
- Do not swim with open sores, abrasions, or rashes
- Remove all bandaids prior to swim
- No food or glass containers of any kind
- Children/adults must wear a swim diaper if necessary
- Kickboards, barbells and other instructional items are not to be used during rec swim
- Do not sit or hang on the lane lines
- Do not play on the exit steps or railings
- Baby strollers are prohibited on deck
- Diving in designated areas only
- Use play features appropriately
- Parents must remain in the observation room during lessons
- No cameras or video until observation week

During rec swim:

- Children wearing a floatation device must remain in shallow water within arms reach of an adult
- Children under the age of 7 must have an adult in the water with them
- Children ages7-9 must have an adult in the water unless they have passed the deep water test, in which case the adult must remain in the observation room
- Children under the age of 12 must pass the deep water swim test to swim in the deep end. Swimmers over the age of 12 may also be required to take the swim test for safety purposes.
- Children ages 9-12 may swim without an adult if they have passed the deep water test and have been signed in at the lifeguard stand. Adults must remain in the building